

# Before, During and After the Bris:

## *What You Should Know*

### Things to Prepare for the Bris

- Firm sleeping pillow
- 4 cloth diapers (or towels)
- 2 Tallis (prayer shawls)
- Kosher sweet grape wine & kiddush cup

*Please Note: I will supply Bacitracin and gauze*

### Day of the Bris:

#### *Before the Ceremony*

- Do not soak or use ointments, creams or lotions on *bris* area; sponge bath is okay.
- Last feeding should be within the hour before the *bris*.
- Dress baby in clothing which may be opened from the bottom and wrap baby in receiving blanket.

### Day of the Bris:

#### *After the Ceremony*

- Apply Bacitracin on gauze and place on top of area at each diaper change.
- Baby may lay in any position that seems comfortable (even on stomach).
- If baby is uncomfortable, you may give 1.25ml of liquid infant Tylenol. Consult with your doctor first.

### Day After the Bris

- Use Bacitracin on gauze over entire *bris* area at each diaper change for the next 3 days.
- The redness will subside in a few days; a soft, light-colored healing scab-tissue may form for several days. This is normal.